

**At CHL, we want every child and young person to feel safe, respected, heard and supported.** We are committed to creating safe homes, services and communities for children and young people.

## You have the right to:

- Feel safe where you live and when interacting with us
- Be treated with kindness, dignity and respect
- Be listened to and taken seriously
- Be included in decisions that affect you
- Have your culture, identity and beliefs respected
- Say “no” if something makes you uncomfortable or unsafe
- Ask for help and support
- Make a complaint or raise a concern without fear of getting into trouble
- Be protected from bullying, abuse, discrimination, neglect and harm

## Our commitment to you - CHL will:

- Listen to you and respect your views
- Treat all children and young people fairly and equally
- Take concerns and complaints seriously
- Act if we believe a child or young person is unsafe
- Support children from all backgrounds, cultures and abilities
- Respect Aboriginal and Torres Strait Islander children, families, culture and community connections
- Help you understand your rights and how to get help

## If you feel unsafe or worried, talk to:

- A parent, carer or trusted adult
- A CHL staff member
- A teacher, counsellor or support worker
- Police or emergency services if someone is in immediate danger

## Remember:

- You deserve to feel safe
- Your voice matters
- It is okay to ask for help
- You will be listened to and supported