



COMMUNITY HOUSING LTD  
GROUP OF COMPANIES

## FACT SHEET 12

### TREATING MOULD IN YOUR HOME

**Mould** is a fungal growth. It grows in homes under the right conditions of dampness, darkness and poor ventilation.

#### How to prevent mould growing

There are a number of steps to take that will prevent mould growing in your home.

- Increase circulation of fresh air in your home by opening windows and doors.
- Let the sun into your home by opening blinds and curtains during the day.
- Wipe away any moisture on your windows and walls to keep the inside of your home dry.
- Do not have too many indoor plants.
- Dry your clothes and shoes before you put them away.
- If you use a kerosene heater, open curtains and blinds during the day. Also open windows and doors at some stage so that air can flow through the room.
- If you use a clothes drier with a vent on the front, open a window so that moisture does not build up on the walls and ceilings.
- When you take a hot bath or shower, run the exhaust fan to prevent build up of moisture on the ceiling and walls. Also open the bathroom windows afterwards to allow the moisture to escape.
- Some types of cooking generate a large amount of steam. Run the exhaust or range-hood fan to prevent the build up of steam indoors. Also open the windows where possible.

#### How to remove mould

The earlier you remove the mould from walls and windows, the easier it is to keep it under control. It is much harder to remove mould once it takes hold.

First wash off the mould using bleach mixed with three parts water or a commercial product. Make sure you use a clean sponge or cloth to wash off the mould.

Remember to protect your skin, eyes and clothes from the bleach. You should also open the window so there is plenty of fresh air while using the bleach.

Always read and follow the directions on the packet on how to use the product.

Do not dry brush the mouldy area. This could release spores in the air which can spread the mould further as well as cause an allergic reaction in some people. If a room needs to be repainted, please call your local office.



#### Any Questions

If you have any questions about the information in this Fact Sheet or on any other housing related matter, please contact your nearest Community Housing Limited Office or visit our website

[www.chl.org.au](http://www.chl.org.au)